

Meeting Summary of the Kentucky Mental Health Services Planning Council
November 16, 2006, 10:00am- 2:00pm
100 Fair Oaks Lane, Large Conference Room A & B

Council Members Present: Rebecca Garrett, Robert R. Hicks, Janet Gothard, Lynn Haney , Dan Howard, Trudy Abshire, Mary Sue Klusman, Carol Estes, Rita Brooks, Betty Jo Moss, Steve Liles, Jim Sparks, Doreen Mills, William Heffron, Steve Hartwig, Phil Gunning, Joy Varney, Carolyn Kates-Glass, Steve Shannon, , Molly Clouse, Jim Dailey, Donna Hillman

Council Members Absent: Carmilla Ratliff, Kevin Pangburn, Kathleen Casper, Toyah Robey, Stephanie Shepard, Sharma Klee, Jan Powe, Marty Harrison, Shelly Adams

DMHSA Staff: Michele Blevins, Louis Kurtz, Anita Jennings, Annette Gatewood, Tim Hawley

Guests: Calvin Smith, Ruby Smith, Susan Klusman Turner

TOPIC	OUTCOME	NEXT STEPS
Welcome & Introductions	Rebecca Garrett, Chair, called the meeting to order at 10:15 a.m. Members, staff and guests introduced themselves	
November Meeting Summary	Rebecca asked for approval of minutes. Robert Hicks so moved to accept the minutes as written, Steve Liles seconded the motion. Motion carried.	
Presentation – Office of Vocational Rehabilitation	<p>Carol Estes, Office of Vocational Rehabilitation, shared information about the use of the block grant funds received in SFY 2006 and about some of the activities related to the expansion of employment services for persons with SMI. She reported that 53 people have been served this fiscal year with the allocated \$75,000. These funds are primarily used to ensure the long term support needed once OVR dollars have been utilized to assist individuals determine what kind of job they may want, to find and secure a job. Support includes helping the person keep the job they have, decide to give the job up because it's adding to the mental illness, move on to another job, or take a lay off for a while. These are life decisions that a supported employment consultant can help individuals make. Also 72 jobs existed for these people, which included 56 employers, and 4 self employed. Carol gave personal accounts of several individuals that have benefited from the program and the long term supports. One such young man, diagnosed with mental health issues several years ago, started his own business and now owns Nelson Recording Studios in Western KY. He and his brother also own two-brother productions, and they have recently recorded a CD that will benefit big brothers and big sisters of America. Ms. Estes played the CD for the Council. Although unable to do so, he had originally planned to attend today's meeting to share his experiences with the Council in person. Big Brothers and Big Sisters of Henderson adopted the song as their theme song and are hoping to do some national work with Big Brothers and Big Sisters.</p> <p>Ms. Estes passed out two brochures for two other businesses which were assisted through the Developmental Disabilities Council who gave OVR funding for individuals wishing to own their own businesses. The businesses are:</p>	

	<ul style="list-style-type: none"> • Stay in Touch, LLC – specializing in helping small businesses and individuals in business for themselves keep in touch with current customers and attract new ones; and • Steps to Success – An employment program of the Mental Health Association of Northern KY and Recovery Network. <p>Also passed out were two documents; Evidence Based Practices: Shaping Mental Health Services Toward Recovery and APSE Adopts Supported Employment Competencies.</p> <p>Ms. Estes thanked the Council for their support for Supported Employment through the block grant and stated that Supported Employment is a very beneficial but under funded service.</p> <p>Ms. Estes said she will try and have Steve Nelson attend the next Council meeting. Several requested information about how to purchase copies of the CD.</p>	<p>She will contact Michele Blevins.</p>
<p>MH Block Grant Peer Review of the 2007 Application/ Plan and the Implementation Report for SFY 2006</p>	<p>Rebecca Garrett discussed the block grant “Consultative Peer Review” meeting (for the 2007 Plan) that she, Rita Ruggles and Michele Blevins attended last week. Rebecca stated she was very proud of our state’s representation and passion for getting people help. She was very impressed by the reviewers. All comments were very positive and there was much interest in how our state does so well with a small amount of money.</p> <p>Ms. Blevins told the group that today’s objective was to review the implementation report for the prior year (2006). To meet the CMH block grant requirements you must develop a plan and report how the plan was implemented. She clarified that at today’s meeting, the Council would be looking at the 2006 Implementation Report. The 2007 Implementation Report will be due this time next year.</p> <p>Mental Health Block Grant funding for 2006 was \$5.6 million specifically for community based services for adults with SMI and children with SED. The plan includes all services provided but especially those services that cover the needs of adults with SMI and child with SED. The format is different this year for the implementation with more emphasis on the federally required National Outcome Measures (NOMS) and the additional state selected performance indicators. Our state and others are struggling with the data collection portion of the application which has been changed over time and requires considerable data collection.</p> <p>Ms. Blevins stated that the report is due December 1 and thus what is shared today is still a draft. The Department is working with the Research and Data Management Center (RDMC) with whom it contracts to collect and manage the data. RDMC and the Regional Boards, along with the Department continually work to improve data collection and ensure its accuracy.</p>	

	<p>Ms. Blevins shared a power point presentation on the 2006 Implementation Report NOMS/Indicators to allow for questions, comments and suggestions.</p> <p>Comments were as follows:</p> <p>Robert Hicks suggested additional information about DIVERTS and the Bluegrass Recovery Mall be included in the Action Plan for the state hospital Readmissions NOM. Ms. Blevins agreed to include this information.</p> <p>The question was raised as to why only 38% of the Adults with SMI were treated by the Regional Boards. Several reasons were discussed, mostly dealing with reporting mechanisms variances received from the Regional Boards and the fact that people are treated by their personal doctors or other mental health agencies.</p> <p>State hospital readmissions rates where discussed. The federal NOM requires a 30 day and a 180 day readmission rate. It was noted that the numbers seem a bit out of sync from 2005 to 2006. Michele talked about some reporting discrepancies (i.e., the way in which the data was queried) and how the Department has been working with RDMC to ensure accurate data.</p> <p>Reduced Utilization was discussed with a question on the modification to the original target of 14.5% submitted to CMHS April 2006. Michele stated that the change was due to an opportunity to modify the state's Plan and (thus adjust targets) due to a funding cut of \$250,000 once into the fiscal year. The actual numbers for 2005 were not known when the targets were originally set so by the time of the modification opportunity, it was apparent that the state would not likely meet the set target. A question was also raised about the 4,189 people and how they were counted. Ms. Blevins stated there was not a real clear answer to that yet. Interface, between the Regional Boards and the hospitals, is an issue that needs to be more fully addressed. Data collection improvement is needed and the Department will be working with RDMC to improve validity of the numbers.</p> <p>Adult access was discussed and it was suggested that additional information about utilization of crisis stabilization beds and peer support services be included. It was also suggested that DIVERTS information be included in this Action Plan. Staff agreed to add some additional information about these activities to the report. However, it was noted that the space in the response blocks on the web based reporting form is limited.</p> <p>A concern was voiced over the fact that some Performance Indicators were not achieved and felt like those should be discussed. The housing piece concerning Adult percentages with SMI who live independently received only a 97% rating. It was suggested that the Council write the Governor a letter recommending the budget surplus go towards the housing supports. Molly Clouse made a motion that the Council send the Governor a letter requesting that surplus monies go into the housing</p>	<p>KARP agreed to work with staff to get this information.</p> <p>Staff will reexamine the data to ensure query is appropriate.</p> <p>Council will draft letter.</p>
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	<p>project to increase funds for the homeless. Carolyn Kates-Glass seconded the motion. Motion carried. It was also decided Secretary Birdwhistle should be copied on the letter.</p> <p>The second unachieved indicator discussed was the Family Adult Psychoeducation. There was much discussion about the service definition of Family Psychoeducation and some other models of education used in Kentucky. Specifically, NAMI-KY does a lot of Family to Family education but it is a different service than is reported for this indicator and is provided by an entity other than the Boards. Members voiced concern about the fidelity to the model. The Department will leave the NOM data as is but will further delineate the issues around service definitions (Family to Family program and Family Psychoeducation in the narrative).</p> <p>The SAMHSA tool kits were discussed. It was questioned whether the tool kits are being used. Also, should NAMI's program numbers be reported, included or otherwise. Regardless, it is good information but likely not consistent.</p> <p>Lou Kurtz stated that, with funding from an NIMH evidence based planning grant, he and Tena Robbins are implementing, they have been studying the EBP tool kits. For block grants purposes, it is about trying to meet a compliance requirement and all 50 states are having a difficult time with these numbers. Additionally with this grant, their goal is to come up with a plan for the Department about how evidence based practices will be promoted. Mr. Kurtz said they would be glad to come and show a 45 minute presentation on the toolkits.</p>	<p>Consider adding to meeting agenda(s) in the future.</p> <p>This will be considered for future meeting agendas.</p>
Department Updates/ Announcements	<p>Tim Holly informed the group of an RFP that the Department will be issuing, for SFY 2008, concerning Family and Consumer Advocacy groups, for the kinds of activities that the current three organizations (KY CAN, Kentucky Partnership for Family & Children and NAMI KY) have provided. The RFP will be issued within the next month to six weeks.</p>	
Council Member Recognition	<p>The Council presented Carolyn Kates Glass with a token of appreciation for her years of service as the Chair of the Planning Council.</p>	
Powerpoint Presentation by Mike Daniluk, Eastern State Hospital	<p>Mike Daniluk, Eastern State Hospital, gave a presentation about a new psychiatric facility for Adults. The facility reportedly will be state of the art providing the most up-to-date treatment approaches; qualified staff; a beautiful environment and efficient infrastructure. This facility will serve many different needs which include family and peer support, customer driven approaches, rehabilitation and recovery strategies. Integrated Electronic Medical records, Physician Order Systems, Pharmaceutical Management Technologies, Inventory Control Systems, Safety and Security Systems are all planned components. The campus will be very integrated including an assessment center, crisis stabilization services, substance abuse services, a secure forensic services unit, veterans services, and personal care home, acute inpatient, and nursing facility beds.</p>	

	Mr. Daniluk said the plans are to break ground in the spring (2007) and that it will take approximately 2 ½ years to build.	
By-Laws Committee Report	<p>Rebecca Garrett discussed the By-Laws Committee work and asked that the Council review the revisions to the By-Laws and make comments or suggested changes. All the by-laws committee members stood for recognition.</p> <p>There were a few corrections and small changes noted by the Council. One addition was in Article VI – Quorum. Language will be added that at least 10 of 30 (or 1/3) must be present and voting – not abstaining. Also 5 of those 10 have to be a consumer or family member.</p> <p>Robert Hicks made a motion to approve the Council by-laws with additions and corrections as noted. Mary Sue Klusman seconded the motion. Motion was carried.</p> <p>Ms. Garrett talked about discussions by the by-laws committee concerning additions to the council. They would like the council to consider adding 2 consumers, 2 family members, and 2 parents. It was also discussed that the Council needed to be more diversified. Funding issues were also discussed as to whether the extra members could be financially supported. It was recommended that a membership committee be reconvened. Carolyn Kates- Glass made a motion to reconvene the membership committee and Carolyn Sue Klusman seconded the motion. Motion carried.</p>	Chair will convene the Membership Committee.
Public Comment	None	
Adjournment	Molly Clouse made a motion to adjourn and Steve Liles seconded the motion. Meeting Adjourned at 2:15.	
Next Meeting	The next meeting of the Council will be Thursday, February 8, 2007, 10:00am-2:00pm, at the Department for MHMR Services, 4 th Floor Large Conference Room in Frankfort.	